



# LOUGHTON RESIDENTS ASSOCIATION

## LRA NEWS

### Today's Farmers Market

We're very sorry our suppliers, Essex Farmers Markets, have had to cancel today's market – we were looking forward to seeing residents & visitors, and to carols from some of the Roding Players. The next regular High Road market will be on Sunday January 14<sup>th</sup>.



## GENERAL



### Be safer in the snow and ice!

If you have to go out on slippery paths, then wearing slip-on “ice grips” can give you a much better grip and reduce the risk of a fall. Try Googling “ice grips UK” for suppliers. (Illustration for information only – there are various designs from a range of suppliers).



## KEEP UP WITH THE NEWS BETWEEN OUR EMAIL BULLETINS



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## NOTES

1. We expect to send out the next news bulletin on Saturday December 16th.

2. In the process of drafting these items and sending them by email, some links to websites or email addresses can be broken; you can get round this by right-clicking on the link and then clicking “open” or, if this does not work, by cutting and pasting the address into an email or browser as appropriate.
  3. If a web address doesn’t work, or anything else is wrong, please let us know at [david.linnell@loughtonresidents.co.uk](mailto:david.linnell@loughtonresidents.co.uk)
  4. LRA gives no warranty about, and will take no responsibility for, items or services offered – purchasers/users should make their own enquiries, and will be acting at their own risk.
  5. To enlarge a picture, click on it and then drag one of the corners outwards
  6. EFNW = Epping Forest Neighbourhood Watch
- David Linnell  
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**For more about LRA & Loughton see [www.loughtonresidents.co.uk](http://www.loughtonresidents.co.uk)  
or email [contact@loughtonresidents.co.uk](mailto:contact@loughtonresidents.co.uk)**

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